

# Bodhi Youth of America

*...compassion first, mindfulness in all...*

## HAPPY Hour Meet Up

Please join a chance to refresh in joy with mindful movement, guided meditation, dinner and inspired organizing!

● Date/Time ●

Friday, 3 October 2008  
7:00pm – 9:00pm (mtg at 7:30)

● San Francisco Location ●

150 Lombard St @ Sansome  
Telegraph Landing, Club Room

Please RSVP to [info@bodhiyouth.org](mailto:info@bodhiyouth.org)  
or Facebook Group “Bodhi Youth (BYA)”  
909-233-4223

Near F stop @ Pier 23  
Embarcadero BART/MUNI

● About Bodhi Youth ●

BYA intends to share the joy of mindfulness with children & teens



through MBA  
outdoors  
meditation  
camping  
integral tai-chi  
community service

Come & bring friends to learn more & create the path forward (many ways to get involved: program champions, youth leaders, community liaisons, fundraisers, etc...).

● We look forward to seeing you! ●

[www.bodhiyouth.org](http://www.bodhiyouth.org)